



The Insider

A Monthly Look Inside Aravilla Sarasota

July Fun!

Lunch Bunch

Week 1: Millies

Week 2: Chinese

Week 3: Demetrios

Week 4: A's Subs

Fourth of July Cookout

July 4th

Noon

RSVP 941.444.9398

Ice Cream Cart

1:30 pm

July 19th

Cart will be traveling through the building

Forget Me Not Ministry

Tuesdays

11 am

Atrium

3251 Proctor Road
Sarasota, FL 34231

Aravilla.com

941.444.9398

Assisted Living Facility #12551

Walker & Wheelchair Wash

Our residents rolled outside with their walkers and wheelchairs, ready for a day of fun! As the classic "Car Wash" song played, everyone danced their way down the driveway to our very own walker and wheelchair wash.

To help beat the heat, Diana treated everyone to refreshing ice popsicles before the real fun began. Residents had their wheels brushed and cleaned, then made their way through our colorful "car wash"—a rainbow inflatable sprinkler that provided plenty of laughs and a cool escape from the summer sunshine.

Both residents and staff joined in the excitement, making it a wonderful event filled with smiles, laughter, and unforgettable memories. We captured lots of pictures and videos to remember this special day.

A heartfelt **thank you** to everyone who helped make this event such a success. Your enthusiasm and teamwork created a fun-filled experience that our residents truly enjoyed!

Fun, friendship, & a little splash made for the perfect summer day at Aravilla!



Aloha Friends



Lily strikes the perfect pose for the Luau pic!

To celebrate the start of summer, we hosted a fun-filled Hawaiian Luau for our residents! The party featured **The Divas**, who kept everyone entertained with a wonderful selection of tropical-themed songs. Residents also enjoyed delicious treats from our Tiki Bar, including pineapple upside-down cake.

Everyone was greeted with a warm **"Aloha!"** and received a colorful lei upon arrival. We also created a festive tropical photo backdrop where residents had a blast posing with fun props like coconut bras, grass skirts, tropical hats, and more.

The day was filled with smiles, laughter, great music, delicious refreshments, and wonderful memories. Mahalo to everyone who joined us in making our Hawaiian Luau such a special celebration!

June Shenanigans



Lolita was Wowed at Mote Marine Aquarium

In June, we enjoyed a fun outing to the new Mote Marine Aquarium! Residents loved seeing the sharks up close and had the opportunity to touch sea urchins, starfish, and other sea creatures in the interactive touch tank. It was a wonderful day filled with learning, laughter, and fun.

We also celebrated Father's Day with our "Donuts for Dad" social. Residents and their loved ones gathered to enjoy delicious donuts, great conversation, and quality time together. It was a sweet way to celebrate all the wonderful dads in our community!

Let's keep the shenanigans going in July!



Bob was a happy camper.

Have you visited our website yet? Learn more about all our Aravilla communities, find upcoming public events and support groups, as well as our monthly resident activities calendar. You will also find local and national resources, and be sure to browse the photo galleries and videos of all the fun we have here at Aravilla Sarasota!