



The Insider

A Monthly Look Inside Aravilla Sarasota

July Fun!

Lunch Bunch

Week 1: Culver's

Week 2: O'Leary's

Week 3: Bonefish

Week 4: Bangkok

National Root Beer Float Social

August 6th

3pm Atrium

Farmers Market Day

Wednesday

August 13th

Forget Me Not Ministry

Tuesdays

11 am

Atrium

3251 Proctor Road
Sarasota, FL 34231
Aravilla.com
941.444.9398

Assisted Living Facility #12551

August is like the Sunday of Summer

Flower arranging gives our residents a wonderful opportunity to express their creativity while enjoying time together.

Starting this August, we are excited to receive fresh flowers from Trader Joe's to bring beautiful colors and fresh fragrances into our community. Having real flowers to arrange will brighten our space and add a cheerful touch for everyone to enjoy.

If you'd like to join our Flower Arranging Group, we meet **every other Monday**. We hope you'll come create something beautiful with us!



Tea Time, Anyone?

The residents have been enjoying our bi-weekly Tea Time gatherings, where they sip a variety of delicious teas while feeling just a bit like they're in England! Everyone has the opportunity to wear fun hats, use elegant teacups, and enjoy tasty snacks in a warm and welcoming atmosphere.

Tea Time is a wonderful chance to relax, socialize, and share a few laughs with friends. We'd love for you to stop by, put your pinky up, and join us for an afternoon of tea, treats, and great company!



Resident Snapshots!



Have you visited our website yet? Learn more about all our Aravilla communities, find upcoming public events and support groups, as well as our monthly resident activities calendar. You will also find local and national resources, and be sure to browse the photo galleries and videos of all the fun we have here at Aravilla Sarasota!

