



The Insider

A Monthly Look Inside Aravilla Sarasota

August Fun!

Lunch Bunch Outings

Joey D's
Chinese
Firehouse subs
PDQ

National Root Beer Float Social

August 6th
3pm Atrium

Farmers Market Day

Wednesday
August 13th

August Birthday Party

August 21st
Atrium
2 pm

3251 Proctor Road
Sarasota, FL 34231
Aravilla.com
941.444.9398

Assisted Living Facility #12551

It's a Jungle Out Here!



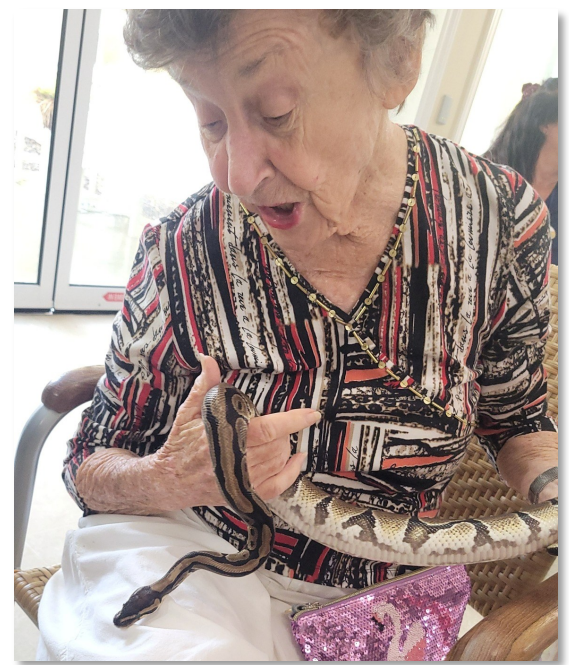
Steven was excited to meet the tarantula and all the other animals.

Aravilla welcomed Sarasota Jungle Gardens for an engaging visit with their animals. Our residents learned about various wildlife species and had hands-on experience with a hairy tarantula, slithery snake, baby alligator, and a spikey hedgehog.

The Jungle Gardens staff brought the animals to our location, allowing residents to see, hold, and photograph with them. With their expertise, the staff addressed numerous questions from our residents. They shared interesting facts about the animals. This enjoyable event highlighted the residents' enthusiasm and bravery in interacting with the creatures. We hope to see them again soon.



Sheral holds Sonic the Hedge Hog



Betty had a sweet conversation with her new slithery friend.

Butterflies Everywhere



Over the past couple of weeks our residents have experienced being a part of a butterfly metamorphosis. Watching the transformation from caterpillars to butterflies was one of the most magical and unforgettable experiences we have had. Our friend Lisa, gifted us our own butterfly growing kits. These kits come with live caterpillars, food and the container to keep them in. We had a total of 20 caterpillars that we observed eating and growing into their next stage of life. It was fascinating to see how quickly they out grew their cocoon and emerged as beautiful butterflies. At this point, we knew the next stage would be bitter sweet for us. We had cared for them and it was now time to release them. Our residents gathered in the garden to release them in to world. As they, flew off into the sky our residents felt proud of their accomplishment. This project helped us grow just as the caterpillars did.

Family Support Group

Hello Aravilla friends and family. We would like to invite all of you to our monthly support group. It will be held Wednesday, August 20th from 4:30-6:00pm. Our Resident Engagement Director, Diana Jimenez, will be our special guest. Her presentation will be on "Therapeutical Fibbing" and communication techniques. Diana is a senior staff member at Aravilla. She has been with us for 10 years and has over 15 years of Dementia Care experience.

We have limited seating so please register at the Concierge Desk or call 941.444.9398 to reserve your spot. Light refreshments will be served. You don't want to miss this opportunity.

Have you visited our website yet? Learn more about all our Aravilla communities, find upcoming public events and support groups, as well as our monthly resident activities calendar. You will also find local and national resources, and be sure to browse the photo galleries and videos of all the fun we have here at Aravilla Sarasota!



Gloria & Diana pose for a selfie

