



The Independent

A Monthly Look at Aravilla Sarasota

February 2026

Big Events!

Monthly Excursions:

Publix

Walmart

Detwiler's

Gulf Gate Library

Dollar Tree/Banks

Red Bug Slough

TJ Maxx

Der Dutchman

Brown Bag Concert

Duffs

Indoor Golf

Olive Garden

Suncoast Band

Groundhogs Day Monday, February 2nd

Valentine's Day Saturday, February 14th

Presidents' Day Monday, February 16th

Mardi Gras Tuesday, February, 17th

Ash Wednesday Wednesday, February 18th

Resident Council

Tuesday, February 10

10:15 AM

Food Council

Thursday, January 19 10AM

3271 Proctor Road
Sarasota, FL 34231
AravillaSarasota.com
941.444.9398

"Though February is short, it is filled with lots of love and sweet surprises"

- Charmaine J. Forde



It's the season of love, and here at Aravilla we are so excited for Valentine's Day! We'll be celebrating with delicious snacks, fun games, and lots of laughter. Our wonderful ladies have created beautiful centerpieces for each table and have been decorating throughout the building to help spread love and joy to everyone.



Once a month, we attend Suncoast Concert Band performances at Northminster Presbyterian Church. Our residents truly enjoy listening to the beautiful music performed by these talented musicians, who generously donate their time to rehearse and perform for audiences from all over Sarasota during the vibrant fall and winter tourist season.



It's time to let the good times roll! We're celebrating Mardi Gras, also known as Fat Tuesday, with King Cake, paczki, festive masks, colorful beads, and plenty of dancing to classic Mardi Gras music—all before the season of Lent begins.

Outings of the Month



Have you visited our website yet? Learn more about all our Aravilla communities, find upcoming public events and support groups, as well as our monthly resident activities calendar. You will also find local and national resources, and be sure to browse the photo galleries and videos of all the fun we have here at Aravilla Sarasota!