



The Insider

A Monthly Look Inside Aravilla Sarasota

May Fun!

Lunch Bunch Outings

- Week 1 Demetrio's
- Week 2 Steak N Shake
- Week 3 Dutch Valley
- Week 4 PDQ

Cinco De Mayo Fiesta

May 5th
2pm

Mother's Day Tea Party

May 9th
10 am
Dining Room 4

Memorial Day Ceremony

May 25th
11 am
Atrium

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Assisted Living Facility #12551

Easter Celebration



The Easter Bunny hopped in for some cute pictures.

Easter at Aravilla was such a fun and heartwarming day for everyone! We started things off with an exciting Easter egg hunt, hiding dozens of candy-filled eggs all throughout the hallways. Our residents had a great time searching for them and were all smiles with their sweet finds. The Easter Bunny made his way around the building, handing out treats, stopping for photos, and spending time with residents, which brought lots of laughter and cheer.

Later on, everyone enjoyed a delicious Easter lunch prepared by our dietary team. The fun kept going with a lively music hour, and we wrapped up the celebration with tasty Easter ice cream sundaes.



Easter Eggs all over the place.

It was a wonderful day filled with smiles, laughter, and great company!



Key Choral at Aravilla

Aravilla has had a great partnership with Key Chorale, a renowned choir dedicated to bringing uplifting experiences for our residents. We are at the end of our 8-week program with weekly visits from Maestro Caulkins and Key Chorale's volunteer singers. Our residents have been actively participating and singing along. The Key Chorale volunteers have helped and supplied music and lyric books and kazoos for all the participants. For weeks they have paired with residents to ensure that everyone stayed on track. Our residents easily followed the materials, tapping their feet and singing with enthusiasm.

In the next few weeks, we are coming to the end of our fourth session. We are so proud of the great talent our residents have showed. Our last few sessions will be on May 7th & 14th. Please come and join your loved one during one of these sessions. You can find us singing in the Atrium at 10:30 am.



John Paul is ready to sing with his lyric music book in hand.

Ink & Drink

We decided to try something a little different and a lot of fun with an activity we called "Ink and Drink." Diana treated everyone to a delicious mocktail she named "Cranberry Sunrise," which was just as pretty as it was tasty.

We spent some time relaxing, chatting, and enjoying our drinks before getting to the "ink" part of the day. Don't worry—no real tattoos here! Instead, residents got to choose from a variety of cute and colorful temporary tattoos.

Everyone had a great time picking out their favorites and deciding where to place them. It was a fun, light-hearted activity that brought plenty of smiles and laughter! Can't wait to do it again.



Have you visited our website yet? Learn more about all our Aravilla communities, find upcoming public events and support groups, as well as our monthly resident activities calendar. You will also find local and national resources, and be sure to browse the photo galleries and videos of all the fun we have here at Aravilla Sarasota!