



# The Insider

A Monthly Look Inside Aravilla Sarasota

## May Fun!

### Lunch Bunch Outings

Week 1 Demetrio's

Week 2 Chinese

Week 3 Dutch Valley

Week 4 PDQ

### Cinco De Mayo Fiesta

May 5th

2pm

### Mother's Day Tea Party

May 10th

10 am

Atrium & Dining Room 3

### Memorial Day Ceremony

May 26th

11 am

Atrium

3251 Proctor Road  
Sarasota, FL 34231

Aravilla.com

941.444.9398

Assisted Living Facility #12551

# Easter Celebration

Easter celebrations were held at Aravilla. "Forget Me Not Ministry" visited and brought Easter service to our residents. We also had a nice Easter meal. Our chefs cooked a delicious ham with all of the fixings. The residents enjoyed an egg hunt where we found lots of chocolatey treats. We even had a visit from "Some Bunny". It was a wonderful day that we finished with live music entertainment from our good friend Mark. We hope everyone had a blessed Easter.



*Some Bunny visited Nancy*

# Aravilla Outings



*The Lunch Bunch Crew*

Our outings have been so much fun. The lunch bunch crew visited many restaurants this month. We took a bit of a longer drive to city of Venice to visit Cracker Barrel. Let me tell you that all of the "are we there yet?" were very well worth it. This was our favorite restaurant last month. The gift shop kept us busy while we waited for our table. It was incredible! There are so many cute and interesting things to buy. Once we sat, our server brought warm, fresh biscuits and corn bread muffins to the table. That itself was quite a meal. Some of us ordered the special of the day; meatloaf with mashed potatoes and veggies. Everything was absolutely delicious. After our meal, we sat out on the porch to enjoy their comfy rocking chairs and played a game of checkers. Our foodie friends are excited to see what the next month has in store for us. If you have any suggestions, share them with us. We would love to try them.

# Key Choral at Aravilla

Aravilla has had a great partnership with Key Chorale, a renowned choir dedicated to bringing uplifting experiences for our residents. We are at the end of our 8-week program with weekly visits from Maestro Caulkins and Key Chorale's volunteer singers. Our residents have been actively participating and singing along. The Key Chorale volunteers have helped and supplied music and lyric books and kazoos for all the participants. For weeks they have paired with residents to ensure that everyone stayed on track. Our residents easily followed the materials, tapping their feet and singing with enthusiasm.

In the next few weeks, we are coming to the end of our second session. We are so proud of the great talent our residents have showed. Our last few sessions will be on May 1st and 8th. Please come and join your loved one during one of these sessions. You can find us singing in the Atrium at 10:30 am.



*Marilyn sings along with her lyric book during our Key Choral session.*

# Family Bingo Night Fundraiser

Aravilla Sarasota has joined the Alzheimer's Walk. We would like to invite our family members and friends to join our residents for in our efforts to raise funds for our team.

Join us for one of our favorite pass times, playing Bingo! We will be hosting Family Bingo Night at Aravilla on May 14th from 6-7 pm all donations will benefit the Alzheimer's Association "Walk to End Alzheimer's"

Snacks and drinks will be provided. Sign up at the front Desk. For more information on joining our fundraising team or this event please contact Diana at 941-879-1567. We hope to see you here.



*Bingo is always a crowd favorite!*

Have you visited our website yet? Learn more about all our Aravilla communities, find upcoming public events and support groups, as well as our monthly resident activities calendar. You will also find local and national resources, and be sure to browse the photo galleries and videos of all the fun we have here at Aravilla Sarasota!

