



The Insider

A Monthly Look Inside Aravilla Sarasota

April Fun!

Lunch Outing

- PDQ
- Picnic Lunch
- Geckos
- Olive Garden

Spring Fling Family Bingo

April 18th
10:30 Am

Key Chorale

Thursdays
10:30 am
Atrium

Easter Egg Hunt

11 am
Easter Sunday

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Assisted Living Facility #12551

Aravilla Green Thumbs



Spring is finally here, and we couldn't be more excited to welcome the season of sunshine, color, and new beginnings! Throughout our community, we've started decorating with beautiful flowers and bright spring colors to bring that fresh, cheerful feeling indoors.

This month, we've been busy preparing for spring with a variety of fun and meaningful activities. One of the things we were most excited about was starting a gardening project—such a perfect way to celebrate the season! Our residents had a wonderful time painting and decorating their flower

pots, each one uniquely designed to reflect their creativity and personality.

Once the pots were dry, the real planting began. Together, we filled them with soil and planted a variety of flowers, including daisies, daffodils, and other colorful blooms. It was truly a team effort, and everyone enjoyed getting their hands a little dirty while working together.

Since then, our residents have taken great pride in caring for their plants—watering them regularly and making sure they get plenty of sunshine. We're all looking forward to seeing the pots come to life with bright, beautiful flowers in the coming weeks.

Looking ahead, we're also excited about starting an herb garden. Our goal is to grow fresh herbs that Chef Jorge and his team can use in preparing meals, bringing a garden-to-table touch that everyone can enjoy.



Spring is a time of growth, renewal, and connection, and we're so happy to be celebrating it together here at Aravilla.



Keeping Busy



Staying active and engaged is so important, and we believe it should always be fun! Our calendar is filled with enjoyable activities that keep everyone busy, connected, and smiling.

Lately, we've been spending time in the kitchen baking all kinds of delicious goodies. Lolita has been a wonderful help, especially with our cookie baking. She, along with several other residents, made some amazing chocolate chip cookies. The sweet aroma quickly filled the air, and before long, residents were following their

noses right into the dining room—just in time as we were getting ready for Bingo!

Our residents have also taken pride in making our dining space look beautiful. With great care and creativity, they've arranged lovely flower vases to decorate each table. Nancy and the other ladies worked diligently to choose the perfect colors, and their efforts truly brighten up the room.

We invite you to take a look at our activities calendar and join us for these and many other fun events. There's always something happening to keep you engaged, active, and enjoying every moment!



Aravilla Music Hour

At Aravilla, we believe music is an essential part of life. That's why we bring live music to our residents every single day on both floors. Our talented entertainers fill the community with joy—some sing, while others play instruments like the piano, saxophone, guitar, banjo, and even the harp.

While some days can be more challenging than others, music has the incredible power to uplift the spirit. It can transform a difficult day into a brighter one, turning frowns upside down and bringing comfort, energy, and happiness.

So leave your worries behind and join us! Come sing, dance, and enjoy the moment with us every day at 2 PM in the atrium. Seats fill up fast and the snacks are always tasty. Can't wait to see you there.



Have you visited our website yet? Learn more about all our Aravilla communities, find upcoming public events and support groups, as well as our monthly resident activities calendar. You will also find local and national resources, and be sure to browse the photo galleries and videos of all the fun we have here at Aravilla Sarasota!

