



# The Independent

A Monthly Look at Aravilla Sarasota

June 2025

## Big Events!

### Monthly Excursions:

**PUBLIX**  
**WALMART**  
**DETWILER'S**  
**GULF GATE LIBRARY**  
**DOLLAR TREE**  
**Trader Joe's**  
**Target**  
**Grandpa's German Deli**  
**Max's Table**  
**Mad Fish**  
**Asaro's Beeridge Pizza**

**Father's Day Sunday,**  
**June 15**

**CHARITY TEA PARTY**  
**THURSDAY,**  
**June 26**  
**2:00**

Happy Father's Day!

**Resident Council**  
**TUESDAY, JUNE 10**  
**10:30 AM**

**Food Council**  
**WEDNESDAY, JUNE 18**  
**10AM**

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Assisted Living Facility #12551

## HAPPY SUMMER!



The Imagine School Choir was back again this year and brought back their amazing voices to our community and uplifted our residents' spirits. Many of the students speak more than one language which we experienced in the songs they sang. Thank you again for coming and we cannot wait until they are back.

Father's Day Car Show on Saturday, June 7, 2025 at 10:30am. Celebrate an early Father's Day with classic cars from Auto Club of America out front of our assisted living. We will have entertainment from Bill Goebel.



Someone say Hole-In-One? The residents are preparing for the US Open this month by practicing their short game with a little Putt Putt. We enjoy having a little competition every now and then to see who will come in 1st place when we play our sports games. Will you be joining us by watching the US Open this year? It starts Thursday June 12th.



# Water Aerobics

Did you know that water aerobics is better for you than going for a walk? Why you ask? All because the water places less stress on your joints! We'll come to water aerobics two times a week with Frank. We host Water Aerobics on **Mondays at 11:45am and Thursdays at 2pm**. Come receive some of the amazing benefits of our class like low impact on joints, improved cardiovascular health, and stress reduction. All you need is your swim suit!

*"The water doesn't know how old you are." - Dara Torres*



Have you visited our website yet? Learn more about all our Aravilla communities, find upcoming public events and support groups, as well as our monthly resident activities calendar. You will also find local and national resources, and be sure to browse the photo galleries and videos of all the fun we have here at Aravilla Sarasota!

