



The Insider

A Monthly Look Inside Aravilla Sarasota

May Fun!

Join us for
Cinco De Mayo Fiesta

May 5th

2 pm

Atrium
&

Dining Room 3

**Mother's Day
Tea Party**

May 13th

10 am

Nataly's Birthday Party

May 7th

2 pm

Atrium & Dining Room 3

**Memorial Day
Remembrance Salute**

May 27th

11 am

Atrium

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Aravilla Drum Circle



Siesta Beach has their own drum circle. Why can't we have one here at Aravilla?

Well, we do now. We had our first drum circle this past month. Our friend Scott came over with all of his many drums for us to have fun with. Scott has many drums in all sizes. Everyone had a chance to play their own drum. We started off with simply patterns and beats. At first some of us were nervous but in a matter of minutes we were all having a great time.

Scott is coming back this month with his drums for us to have more fun. Join us for the next drum circle. May 31st at 2pm on the first floor and 3 pm on the second floor.



Bingo Blast

Bingo is a crowd favorite. Aravilla residents have been asking for more bingo. So we decided to give them what they want. Now we will be playing 3 times per week. Join us every Tuesday, Friday and Sunday at 2pm in the atrium. There will be chocolate prizes for everyone! See you there.



Aravilla Bus Outings



The ladies enjoying the scenery at the park by the water.

Our outings have been so much fun. The lunch bunch crew visited many restaurants like Demetrios and Culvers. As much as we enjoy going to restaurants we also love going out for picnics. Since this was probably the last month of cooler weather we will have here in Florida, we decided to go on a picnic.

We visited Phillipi Park on a Wednesday, which is also the farmer's market day at the park. We sat under the gazebo where the shade kept us cool. Diana picked up "Pub Subs", chips, a fruit platter and drinks for everyone to enjoy. They were delicious and the fruit was refreshing. After lunch, we walked over by the water and around the park. We saw kids playing, dogs walking and many more. We stopped by the farmers market to pick up donuts from a popular food truck. They were amazing. Can't wait to tell you about our next adventures in the month of May.

Have you visited our website yet? Learn more about all our Aravilla communities, find upcoming public events and support groups, as well as our monthly resident activities calendar. You will also find local and national resources, and be sure to browse the photo galleries and videos of all the fun we have here at Aravilla Sarasota!



Nancy stands in line at Peachey's donut truck at the farmers market.



Jean had a good picnic lunch.